



APRIL 2012

Heritage Hills Jr. and Senior High Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Breakfast Sausage Breakfast Pizza or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Chicken Quesadilla or Grilled Chicken Sandwich Santa Fe Rice Peaches Caesar Salad or Veggie Cup Snickerdoodle & Milk Salad Bar Chicken Tortilla Soup, Salad & Milk</p>	<p>3 Breakfast Cheese Omelet & Sausage or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Chicken Pattie or Ham & Noodle Casserole Hash Brown Fresh Fruit or Veggie Cup Peanut Butter Pie & Milk Salad Bar Nachos, Salad & Milk</p>	<p>4 Breakfast Biscuit & Gravy or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Lasagna or Corn Dog Mashed Potatoes Corn or Veggie Cup Garlic Bread & Milk Salad Bar Vegetable Soup, FF, Salad & Milk</p>	<p>5 Breakfast Chicken Slider or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Chicken Rings or Peanut Butter Sandwich Waffle Fries Fruit or Veggie Cup Dirt Cake & Milk Salad Bar Taco Bar, Black Beans, Waffle Fries & Milk</p>	<p>6 Snow Make-Up Day No School</p>
<p>9 Snow Make-Up Day No School</p>	<p>10 Breakfast Pancakes & Sausage or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Burrito & Cheese or Philly Steak Melt Sunflower Seed Salad Fruit or Veggie Cup Sugar Cookie & Milk Salad Bar Nachos, Salad & Milk</p>	<p>11 Breakfast Biscuit & Gravy or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Chicken Parmesan & Noodles or Chicken Salad Sandwich Green Beans Fruit or Veggie Cup Bread Stick & Cheese & Milk Salad Bar Potato Soup, Salad & Milk</p>	<p>12 Breakfast Breakfast Wrap or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Grilled Chicken Sandwich or Deli Sandwich or Wrap w/ Lettuce & Tomato FF Fresh Fruit or Garden Salad Chocolate Chip Cookie & Milk Salad Bar Taco Bar, Black Beans, FF & Milk</p>	<p>13 Breakfast Cinnamon Roll & Sausage or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Pizza or Grilled Cheese Curly Fries Fruit or Veggie Cup Assorted Desserts & Milk Salad Bar Rattle Snake Bowl, Salad & Milk</p>
<p>16 Breakfast Bacon Scramble Pizza or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Walking Taco or Sloppy Joe FF Fresh Fruit or Veggie Cup No Bake Cookie & Milk Salad Bar Chicken & Dumpling, Salad & Milk</p>	<p>17 Breakfast Cheese Omelet & Sausage or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Chicken Alfredo or Grilled Chicken Sandwich Mashed Potatoes Broccoli & Cheese or Veggie Cup Rice Crispy Treat & Milk Salad Bar Nachos, Salad & Milk</p>	<p>18 Breakfast Biscuit & Gravy or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Cheeseburger or Chili Cheese Dog FF Tangy Broccoli Salad or Veggie Cup Pumpkin Cake & Milk Salad Bar Assorted Soup, FF, Salad & Milk</p>	<p>19 Breakfast Pancakes & Sausage or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Chicken Nuggets or BBQ Pork Sandwich Peaches Caesar Salad Outrageous Choc & Peanut Butter Cookie & Milk Salad Bar Taco Bar, Black Beans, FF & Milk</p>	<p>20 Snow Make-Up Day No School</p>
<p>23 Breakfast Sausage Breakfast Pizza or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Country Fried Steak or Polish Sausage & Kraut Mashed Potatoes Green Beans or Veggie Cup Hot Roll & Milk Salad Bar Cream of Broccoli, Salad & Milk</p>	<p>24 Breakfast Breakfast Wrap or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Fish Sandwich or BBQ Chicken Sandwich FF Slaw or Veggie Cup Macaroni & Cheese Blue Berry Muffin & Milk Salad Bar Nachos, Salad & Milk</p>	<p>25 Breakfast Biscuit & Gravy or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Chicken Pattie or Pizza Burger Fresh Fruit Broccoli & Cheese or Veggie Cup Cherry Delight & Milk Salad Bar Chili Soup, Salad & Milk</p>	<p>26 Breakfast Cheese Omelet or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Cheeseburger or Orange Chicken over Rice FF BLT Pasta Salad or Veggie Cup Chocolate Cookie & Milk Salad Bar Taco Bar, Black Beans, FF & Milk</p>	<p>27 Breakfast Cinnamon Roll & Sausage or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Pizza or BBQ Chicken Sandwich Fruit Pizza or Peanut Butter Sandwich Crinkle Cut Fries Fruit or Veggie Cup Mini Pretzel & Cheese & Milk Salad Bar Spaghetti Bar, Salad & Milk</p>
<p>30 Breakfast Bacon Scramble Pizza or Cereal or Pop Tarts or Yogurt Parfait Fruit or Fruit Juice & Milk Lunch Turkey & Gravy or Hot Dog Mashed Potatoes Corn or Veggie Cup Hot Roll & Milk Salad Bar White Chili Soup, Salad & Milk</p>				

In the operation of the Child Feed Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture, Washington, DC, 20250.